



Small Pool @ UVMC Premier Health Branch
September 8th - October 24th

230 W. High St.
PIQUA, OH 45356
(937) 773-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
6am	Open Swim - Unless a Program is Scheduled 6am - 9:30pm	Open Swim - Unless a Program is Scheduled 6am - 9:30pm	Open Swim - Unless a Program is Scheduled 6am - 9:30pm	Open Swim - Unless a Program is Scheduled 6am - 9:30pm	Open Swim - Unless a Program is Scheduled 6am - 8:30pm		
7am						Open Swim - Unless a Program is Scheduled 7am - 6:30pm	
8am		Warm Water Workout 8:30am - 9:30am		Warm Water Workout 8:30am - 9:30am			
9am					Swim Lessons 9am - 11am	Swim Lessons 9am - 11am	
11am	Arthritis Aquatics 11am - 12pm	Arthritis Aquatics 11am - 12pm	Arthritis Aquatics 11am - 12pm	Arthritis Aquatics 11am - 12pm	Arthritis Aquatics 11am - 12pm		
12pm	Adults Only Swim 12pm - 1pm	Adults Only Swim 12pm - 1pm	Adults Only Swim 12pm - 1pm	Adults Only Swim 12pm - 1pm	Adults Only Swim 12pm - 1pm		
1pm							Open Swim - Unless a Program is Scheduled 1pm - 6:30pm
5pm	Aqua Stretch 5:30pm - 6:15pm	Swim Lessons 5pm - 7:30pm	Aqua Stretch 5:30pm - 6:15pm	Swim Lessons 5pm - 7:30pm			

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.